



Founded in 1928

Saint Elizabeth of Hungary Roman Catholic Church

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Office hours: Tuesday to Friday 9 to 3 (Monday closed)

Masses: Monday to Saturday at 7.30 AM in English

Sundays at 9 and 10.30 in Hungarian

Jesuit priests: Szabolcs J. Sajgó (pastor), László Marosfalvy (associate pastor) – retired: Balázs Jaschkó

No. 30 - 17th SUNDAY IN ORDINARY TIME - July 24, 2011

CHURCH BULLETIN

2011 - YEAR OF THE FAMILY

Readings: 1Kings 3.5-12 Rom 8.28-30

Mt 13.44-52

Resp. Psalm: „Lord, how I love your law!” (Psalm 119)

WE OFFER THE HOLY MASS FOR:

9:00 élő és elhunyt Pászti családtagok

+Buday Ferenc és Emily – lányaik és családjuk

+Bernád Lajos – felesége

+Annák – Sütő család

+Ildi - családja

10:30 az egyházközség

Mária Kongregáció élő és elhunyt tagjai –

Kongreganisták

A miskolci női Cursillo sikere –

torontói Cursillo

+Máté József atya – Fodor Irén, Kocsis Magda és családja, Pál Ilonka, Boday Julianna

+szülők - Boday Julianna

+dr. Lovrics András – felesége és fia

+Gajárszky Károly – családja

+Szabó László (BP.) – Ilus néni

+Réthy Anna – a színtársulat tagjai

+Kosa Károly

+Zólyomi Zoltán (MO) – Zydrón Margit

Monday (25) Saint James

7:30 +Mary Francis

Lorain & Lawrence Chan and family – Elizabeth Mak

Tuesday (26) Saint Anne and Saint Joachim

7:30 +Varazsdi Anna – Évi and Zoli

in honor of Saint Anna – Csányi Margit

Wednesday (27)

7:30 Jun and Juliet Rasco, on their wedding anniversary

7 PM +Vass Margit – fia és családja

Thursday (28)

7:30 +Takács Ignác – Yolanda Kozma

Friday (29) Saint Martha

7:30 +Chun-Wah Yuen – family

11:00 the funeral mass of +Drenkó András

Saturday (30) Saint Peter Chrysologus

7:30 Etelka and Pál

Baptism: Kindavong Isabella

EVENTS

July 23-29 our scouts' summer camps **August 20**

Pilgrimage to Midland **20-26** Altar Servers' Camp

❖ On Sat. Aug. 6th, celebrating the Feast of the Transfiguration, Father Eugene D'Avella will speak on "*Living the Light of Christ*". This **Kolbe Eucharistic Mini-Retreat** will be held from 2 p.m. to 4:30 p.m. at St. Brigid's Church, 300 Wolverleigh Blvd., Toronto. For more information see the flyer posted on the parish bulletin board or www.kolbcapostolatc.com.

Salt + Light Television

❖ **Knights of Columbus** 129th Supreme Convention Tuesday August 2, Opening Mass: 11:30am. Opening Session: 3pm. States Dinner: 9:30pm. Every year the Knights of Columbus gather to celebrate faith and the work they do. In particular, they celebrate their core principles of charity, unity, fraternity, and patriotism. ❖ Interview with Elicia Mackenzie and Noëlla Huet Sunday July 31, 8pm & 12am. Fr. Rosica interviews Elicia Mackenzie and Noëlla Huet, who respectively played Maria von Trapp and the Mother Abbess in the stage production of **The Sound of Music**. The two women talk about the message of The Sound of Music and how the story of the von Trapp family touched them personally.

❖ Travel with Salt + Light and Fr. Thomas Rosica this Fall. In 2009, true to its mission of evangelization, Salt + Light launched **Blessed Journeys**, an exclusive program offering inspirational travel opportunities. If you are looking for a faith-filled adventure that will allow you to continue your learning and spiritual growth, then these pilgrimages are for you. October 27 - November 5 – **France** (including Paris, Lesieux, Avignon and Lourdes). November 12 - 22 - **Holy Land** (including Sea of Galilee, the Mount of Beatitudes, Nazareth, Jerusalem, Bethlehem and more).

The Examen

Finding God in All Things

The Examen is a popular way of praying developed by St. Ignatius Loyola (1491-1556), founder of the Society of Jesus (The Jesuits). It is the heart of Jesuit spirituality.

St. Ignatius suggested that his brothers undertook a daily way of praying by examining their lives so they could better serve God.

He stated that the key to a healthy spirituality was to find God in all things and work constantly to gain freedom in your life in order to cooperate with God's will.

This daily exercise he called the Examen of Consciousness and he suggested that it should be prayed twice daily, around noon and in the evening - with the practice allowing people to hear God in their hearts and with the daily practice be able to discern God's will for them in their lives.

Making time for prayer allows you to fully feel God's presence in your life and enter into a deeper, more intimate conversation with Jesus.

The Examen takes about 15 minutes to complete. There are 5 simple steps and the prayer can be made anywhere:

0. Stilling. Take the opportunity to relax and feel attentive and open to God.

1. Recall that you are in the presence of God.

- We are always in the presence of God but in prayer we place ourselves in God's presence.
- Ask the Holy Spirit to help you look at your life with love this day.

2. Look at your day with gratitude.

- Begin to give thanks to God for the gifts of the day.
- Take special care to notice what you have received and what you gave.
- As you complete the review of your gifts and the particular gifts of the day, pause to thank God for all of these.

3. Ask help from the Holy Spirit.

- Look at the ways you have responded to God's gracious gifts and love this day.
- Ask the Holy Spirit to come into your heart and help you look at your actions clearly with an understanding of your limitations.
- Do not judge what comes to you but gently look with the Lord on how you have responded to God's gifts.

4. Review your day.

- Review your whole day. Notice the details; the context of what happened; how you acted; your motives; your feelings.
- When did I fail? Where you did not feel at your best; where there was a barrier to God's presence; how conscious have you been of God's presence and actions in your life?
- When did I love? Where did I give genuine love and charity?
- Habits and Life Patterns. Notice your daily habits - are they dragging down your freedom? Are specific people causing you to be negative?
- See both the positive and the negative. Where has Jesus helped you have a positive response to life? Maybe you could have accepted more help from Christ? Let yourself become more sensitive to God's grace.
- See other forms of God's presence. You will also notice the signs of God's grace that have come to you through God's people; the Body of Christ; Scripture; these graces, the intuitions of the things God wishes you to do, will come inside and outside of other regular prayer.

5. Reconcile and Resolve.

- Repetition allows us to be more open to God.
- Our heart to heart talk with Jesus is the fruit of this repetition.
- Imagine Jesus sitting beside you.
- Maybe there is something you did wrong - now is the time to tell Jesus you are sorry and ask Him to be with you the next time a similar situation arises.
- Remember all the good things and thank the Lord for being with you when you avoided a wrong choice or resisted an old temptation.
- Feel the sorrow in your heart when you apologize but also the gratitude when you give thanks for God's gentle work inside your heart.
- What are your needs for tomorrow? Ask for God's help and guidance.

This small prayer is a simple prayer, a prayer for busy people who are continually seeking to do God's will. If practiced once or twice daily, it will help move you closer to the heart of Christ in all your thoughts and deeds. It enables us to open our heart more fully to the will of God in our lives and recognize God's presence in everything, as we go about our daily tasks.

Prayer:

Lord God, we entrust ourselves to your will. Let us be open to your presence tomorrow, not just at the end of the day but throughout the day. Assist us in all that we do. We ask this through Christ Our Lord, Amen.